



Kids Art and Soul



LIFELINE www.lifeline-counseling.org
Counseling Center

Art and Soul Leaders

Carla Winchester, Licensed Clinical Social Worker

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Kids Art and Soul sessions help children:

- Develop self-confidence, positive self-esteem, and social skills
- Express themselves and grow creatively
- Develop divergent thinking skills (the broadly creative generation of ideas useful in problem solving)
- Learn ways to communicate when words are not enough

Each class will focus on a unique art project geared toward self-discovery and personal growth.

See an Art and Soul slide show at
www.lifeline-counseling.org/artandsoul.html

Sessions are taught by licensed counselors trained in child development and pediatric mental health.

Dates: October 18, 25 and November 1 from 4:00 to 5:45 pm

Location: *Monte Vista Baptist Church*, 1735 Old Niles Ferry Rd., Maryville, TN 37803

Tuition: Tuition: \$15.00 total for all 3 classes payable at the first class session. Scholarships are available. Children of parents attending the *Getting Kids Ready for the Real World* parenting class (tuition is free) may attend *Kids Art and Soul* which runs at the same time at Monte Vista.

To Register: Register online at www.lifeline-counseling.org/artandsoulmontevista.html or call 981-7400 or email kimmcmillan@lifeline-counseling.org. **Class size is limited.**

Kids Art and Soul is for children ages 6 to 11 years.