

Getting Kids Ready for the Real World

Encouraging Appropriate and Responsible Behavior



**Help children make good choices
and develop positive self-esteem.**

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**Family Resource Centers of Alcoa, Blount County and
Maryville City Schools**

**Presented by: Lifeline Counseling Center (865) 981-7400
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Open to the Community Child Care Available

Getting Kids Ready for the Real World addresses these topics for children of all ages:

- The top ten parenting myths
- Parenting methods that teach children to make wise choices
- Responsibility and accountability as a means of promoting self-esteem
- The choices/consequences/reward approach to discipline
- Effective encouragement for difficult children
- Managing meltdown or rage
- Dealing with disrespectful and dishonest behavior
- Strategies for addressing defiant and oppositional behavior

Dr. Joy Carroll , Licensed Psychologist, and **Brenda-Lee Duarte**, Licensed Professional Counselor will be the instructors. Each has over 20 years experience and extensive training in the areas of child development and pediatric mental health.

Where: Martin Luther King Center, 209 East Franklin Street, Alcoa, TN 37701

When: Four sessions– September 8, 15, 22 and 23 from 6:30-8:30 p.m.

Cost: \$5 includes the book ***Setting Limits with Your Strong-Willed Child*** and handouts

To Register: Class size limited. Call (865) 981-7400 or email joycarroll@lifeline-counseling.org