



# Kids Art and Soul

## LIFELINE COUNSELING CENTER

[www.lifeline-counseling.org](http://www.lifeline-counseling.org)

**Carla Winchester**, Licensed Clinical Social Worker

**Brenda Duarte**, Licensed Professional Counselor

**Hosted by:**

**Monte Vista Baptist Church Children's Ministry**

Open to the Community



**Kids Art and Soul** sessions help children:

- Develop self-confidence and positive self-esteem
- Express themselves and grow creatively
- Develop divergent thinking skills (the broadly creative generation of ideas useful in problem solving)
- Learn ways to communicate when words are not enough

Each class will focus on a unique art project geared toward self-discovery and personal growth.

*Sessions are taught by licensed counselors trained in child development and pediatric mental health.*

**Class size is limited.** To register, call (865) 981-7400 or email [lifeline@lifeline-counseling.org](mailto:lifeline@lifeline-counseling.org)

**Dates:** October 26, November 2, 9, and 16 from 4:30 to 6:00 pm

**Location:** Monte Vista Baptist Church, 1735 Old Niles Ferry Rd., Maryville, TN 37803

**Cost:** \$5.00 per class. Cost includes all art supplies. Class size is limited.

**Kids Art and Soul** is for children ages 6 to 11 years.