

Getting Kids Ready for the Real World

Encouraging Appropriate and Responsible Behavior



**Help children make good choices
and develop positive self-esteem.**

HOSTED BY:

Monte Vista Baptist Church

**Presented by: Lifeline Counseling Center
(865) 981-7400 www.lifeline-counseling.org**

Open to the Community

Getting Kids Ready for the Real World addresses these topics for children of all ages:

- The top ten parenting myths
- Parenting methods that teach children to make wise choices
- Responsibility and accountability as a means of promoting self-esteem
- The choices/consequences/reward approach to discipline
- Effective encouragement for difficult children
- Managing meltdown or rage
- Dealing with disrespectful and dishonest behavior
- Strategies for addressing defiant and oppositional behavior

Dr. Joy Carroll , Licensed Psychologist will be the instructor. Dr. Carroll has over 28 years experience and extensive training in the areas of child development and pediatric mental health.

Where: Monte Vista Baptist Church, 1735 Old Niles Ferry Road, Maryville, TN 37803

When: Four sessions– October 26, November 2, 9 and 16 from 4:30-6:00 p.m.

Cost: This class series and handouts are offered at no charge. The book ***Setting Limits with Your Strong-Willed Child*** is available for \$5.

To Register: Class size limited. Register online at www.lifeline-counseling.org or call (865) 981-7400 or email joycarroll@lifeline-counseling.org