

# Getting Kids Ready For the Real World

Encouraging Appropriate and Responsible Behavior

## Parenting Classes



## LIFELINE COUNSELING CENTER

[www.lifeline-counseling.org](http://www.lifeline-counseling.org)

**Help children make good choices  
and develop positive self-esteem.**

**Open to the Community**

***Getting Kids Ready for the Real World*** addresses these topics for children of all ages:

- The top ten parenting myths
- Parenting methods that teach children to make wise choices
- Responsibility and accountability as a means of promoting self-esteem
- The choices/consequences/reward approach to discipline
- Effective encouragement for difficult children
- Managing meltdown or rage
- Dealing with disrespectful and dishonest behavior
- Strategies for addressing defiant and oppositional behavior

**Dr. Joy Carroll**, Licensed Psychologist will be the instructor. Dr. Carroll has over 28 years experience and extensive training in the areas of child development and pediatric mental health.

**Where:** *Monte Vista Baptist Church*, , 1735 Old Niles Ferry Road, Maryville, TN 37803

**When:** Three class sessions – Sundays, October 18, 25 and November 1 from 4:00 to 5:45 pm

**Tuition: Free of charge.** The books *Setting Limits with Your Strong-Willed Child* and *SOS for Parents* are also available for \$9 each (books optional). Children of participants may attend the [Kids Art and Soul classes](#) running at the same time at Monte Vista. The fee for Art and Soul is \$15 per child for the three sessions.

**To Register:** Class size limited. Register online at [www.lifeline-counseling.org/parentingclassmontevista.html](http://www.lifeline-counseling.org/parentingclassmontevista.html) or call (865) 981-7400 or email [kimmcmillan@lifeline-counseling.org](mailto:kimmcmillan@lifeline-counseling.org)