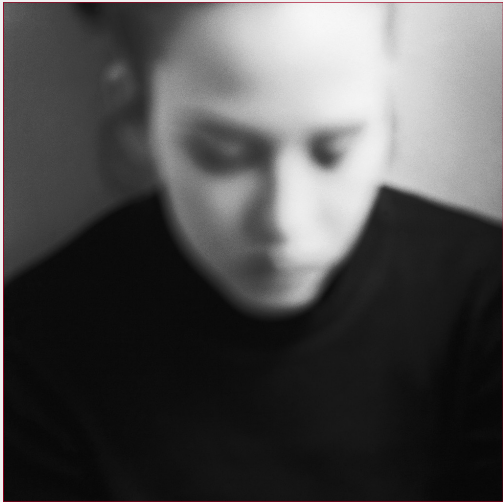




Restoring Hope and Rebuilding Lives



The Unburdened Heart

Keys to Forgiveness

Dr. Joy Carroll, licensed psychologist, will be teaching a three week series on ***The Unburdened Heart: Keys to Forgiveness.***

Topics include:

- Forgiveness fallacies and myths
- Understanding the forgiveness process
- Knowing who to forgive
- Empowering oneself to forgive
- Making a forgiveness plan
- Strategies for forgiving when you don't know how
- Self-forgiveness

To register: Call ***LifeLine Counseling Center*** at (865) 981-7400, register online at www.lifeline-counseling.org or e-mail joycarroll@lifeline-counseling.org. Seating is limited.

Time: April 21, 28 and May 5 from 6:00 to 7:30 pm

Place: ***LifeLine Counseling Center***, 294 Gamble Avenue, Maryville, TN 37801

Tuition: \$15 total for the 3 classes which includes the book *The Art of Forgiveness*