



Presented by



Dr. Joy Carroll, Psychologist

A three week series on the
challenges and power of
forgiving

Topics include:

- Forgiveness fallacies and myths
- Understanding the forgiveness process
- Knowing who to forgive
- Empowering oneself to forgive
- Making an effective forgiveness plan
- Strategies for forgiving when you don't know how.
- Self-forgiveness

To register: Call **LifeLine Counseling Center** at 981-7400, register online at www.lifeline-counseling.org. Seating is limited.

Dates: April 21, 28 and May 5 from 6:30 to 8:00 pm

Place: First Baptist Church of Maryville, 202 W. Lamar Alexander Pkwy, Maryville, TN 37801, classroom 215 of the Family Life Center (2nd floor).

Tuition: \$15 total for the three class series. Scholarships are available. The book *The Art of Forgiving* by Lewis B. Smedes is highly recommended and will be available for purchase.. The cost of the book is \$12.00.

LifeLine Counseling Center 294 Gamble Avenue, Maryville, TN 37801
865.981.7400 www.lifeline-counseling.org